



Summer 2022 Pre-Camp Health Log

ROCKBROOK

Please complete this Health Log for the 7 days prior to your daughter's arrival at camp. You must bring it with you on Opening Day.

This summer, as we again take precautions to guard against COVID-19, it is extremely important that our campers arrive at camp healthy. We are asking families to pay special attention to minimizing the risk of their camper's possible exposure to COVID-19 for 14 days, and to monitor and record their health for seven (7) days prior to the start of their session. In addition, we are requiring all campers to complete a molecular (PCR) COVID-19 test 3-4 days prior to their arrival.

This form will be collected when you first arrive on Opening Day. Please have it ready along with your COVID-19 test result.

CAMPER NAME: _____ **DATE OF BIRTH:** _____

Please record on a daily basis the condition of your daughter's health by measuring her temperature and indicating that she does not have any symptoms consistent with COVID-19 (fever above 100.4°F, chills, cough, shortness of breath, muscle aches, new loss of taste or smell, nausea, vomiting, or diarrhea). Also indicate if your daughter or anyone in your household has been exposed to a confirmed or suspected COVID-19 case.

Date (month/day)	Current body temperature °F	Any symptoms ? (yes or no)	Any exposure ? (yes or no)	Parent please initial
Day 1				
Day 2				
Day 3				
Day 4				Take your PCR test today!
Day 5				
Day 6				
Day 7				
Opening Day!				

If you have answered "Yes" to any of the questions on any day, please contact the Rockbrook office prior to your arrival.

Thank you for doing your part to keep everyone at Rockbrook healthy!

To the best of my knowledge the information on this form is complete and accurate.

PARENT SIGNATURE: _____ **DATE:** _____